

SUPERPOWER SCHOOL

YOU! Unleashed. TM

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Predict Your Superpowers

Who do you think you are?...

A BIG part of the Superpower School experience is creating awareness of the differences between who you have learned to be and who you were born to be and then actively choosing who you want to become by blending the two together.

1. Review the descriptions of the 64 Energies

The core content of Superpower School is a “Superpower Version” of the ancient I-Ching book of changes. I will explain this in some detail in another Discovery Game element. Each energy is described in just a few words so that you get the essence of it. There is a LOT of detail underneath each of these energies that you will learn and explore in Superpower School. The chart with the 64 Energies is on page 3.

2. Print page 3 of this playsheet

3. Do a first pass; put a “DOT” next to all of the energies that feel like you

Some energies may resemble abilities that you know you possess. Others may be more of a glimmer that you feel is a part of you but that you rarely, if ever, express.

4. Do a final selection; circle the 11 that you feel strongest about

Spend a little time with the list. Do some contemplation on each of the energy descriptions. You don't need to rush through this, but at the same time you don't need to over think it.

5. Look for the bonus item on the game card

After you share the 11 energy numbers on your Gamecard, you will see a new item – **SPSD04A** - pop up on your Gamecard.

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On the Gamecard



A **POWER UP** is an activity where you listen to an audio, read something or do an exercise and then share your insights.



Predict Your Superpower Energies

Complete the exercise to contemplate and then predict your 11 Superpower Energies.



Share

WHAT TO SHARE: Share the 11 Energy numbers that you have selected. That's it.

{Chart of 64 Energies on the next page}

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What are your Superpowers?

Step 1: On your first pass, place a dot next to all Superpowers that feel resonant for you.

Step 2: Contemplate the energies you selected.

Step 3: Circle the 11 Superpowers that feel **most** resonant.

- 01 Creative Self-Expression**
◇ Aligning with universal expansion
- 02 Receive Higher Guidance**
◇ And all support
- 03 Implement the New**
▣ Using principles of organizing
- 04 Pursue Answers**
▽ That create understanding
- 05 Trust Inner Timing**
▣ Attuned to the natural world
- 06 Maintain Emotional Balance**
◀ In intimacy and conflict
- 07 Support Shared Interests**
◇ The guide at their side
- 08 Trusted Agent for Creatives**
▣ Impresario of style
- 09 Attentive Focus**
▣ Fascinated by features
- 10 Empowered Self Love**
◇ And appreciation of life
- 11 Espouse Ideas**
▽ That promote harmony
- 12 Romantic Perception**
▣ For a better future
- 13 Listen with Acceptance**
◇ Appreciate uniqueness
- 14 Excellence with Prosperity**
▣ Commitment to becoming skillful
- 15 Adaptable Magnetism**
◇ Friends at all levels
- 16 Choose then Enthuse**
▣ Develop versatile skills
- 17 Debate Opinions**
▽ For future well-being
- 18 Improve Integrity**
▶ Review everything for flaws
- 19 Approach with Sensitivity**
▣ Inner drive to connect
- 20 Assured Presence**
▣ Anticipate the right moment to act
- 21 Take Charge Naturally**
◀ Authority for common good
- 22 Gracious with Emotions**
◀ With beauty and affection
- 23 Express Complex Ideas Simply**
▣ Find what is essential
- 24 Inventive Thinking**
▽ Review and rationalize
- 25 Innocent Trust**
◇ Accept universal love
- 26 Accumulate Material Rewards**
◀ Artfully balance needs
- 27 Nourish Well-Being**
▣ In many forms
- 28 Play with Tenacity**
▶ Meet life's challenges
- 29 Commit then Persevere**
▣ Never give up
- 30 Intense Desire**
◀ With total engagement
- 31 Natural Influence**
▣ Provide guidance and instruction
- 32 Endure by Adapting**
▶ Balance continuity and change
- 33 Mindful Narrator**
▣ After retreat and recharge
- 34 Great Power**
▣ Fueled by inner balance
- 35 Seek Experiences**
▣ Learn from everything
- 36 Resolve Crisis**
◀ Ride the emotions
- 37 Develop Harmonic Friendships**
◀ Community foundation
- 38 Inspired Fighter**
▣ For freedom and underdogs
- 39 Dynamic Activist**
▣ Embrace the world mirror
- 40 Accomplish Great Feats**
◀ With unshakable resolve
- 41 Imagine Fulfilling Experiences**
▣ Emptiness leads to fantasies
- 42 Respond and Complete Things**
▣ Enjoy growth as a benefit
- 43 Breakthrough Perceptions**
▽ Assimilate new concepts
- 44 Build Teams and See Patterns**
▶ Alert to instinctive clues
- 45 Tribal Leader**
▣ Provide wellbeing for your people
- 46 Love of Your Body**
◇ Delight and determination
- 47 Figure Out How**
▽ Transcend through transmuting fear
- 48 Depth of Natural Ability**
▶ Keeping fresh becomes wisdom
- 49 Wise Rebel for New Principles**
◀ Timing waves of change
- 50 Elevate Tribal Values**
▶ Traditional or novel with merit
- 51 Act with Shocking Initiative**
◀ Arousing alternative possibilities
- 52 Gain Perspectives through Stillness**
▣ Show restraint
- 53 Initiate Experience**
▣ Pressure and desire to expand
- 54 Ambition to Advance**
▣ Independent when subordinate
- 55 Access to Spirit**
◀ Emotional waves trigger creativity
- 56 Tell Meaningful Stories**
▣ Travel to find stimulation
- 57 Gentle Intuitive Clarity**
▶ Vibrational sensitivity to truth
- 58 Joyous Vitality**
▣ The spark to engage with life
- 59 Penetrate Barriers to Intimacy**
▣ Establish union
- 60 Resourceful Facing Limitations**
▣ Practical magic
- 61 Inspired by Wonder**
▣ Search for a bigger "why"
- 62 Logically Organize Details**
▣ Precision planning
- 63 Inspired by Doubt**
▣ Critical perception and inquiry
- 64 Inspired by Possibilities**
▣ Seeking a perfect answer