

Game Card – Start Here

Basic Coaching Skills & Superpowers



Quick Summary:

Together in the pursuit of mastery!

From: Learning is about finding the right answers.

To: Learning is about the ongoing pursuit of mastery in an ever emerging game.

Basic: Fundamental; forming a base

Coaching: The art of helping another person get better at playing something that matters to them; in pursuit of winning on their own terms.

Skills: the ability, coming from one's knowledge, practice, aptitude, etc., to do something well:

Super Power: A unique ability to create a BIG impact in a short period of time.

Quick Outline

1. DO THIS FIRST
2. Game badge overview
3. How to ROCK the REAL Game Card Lifestyle

1) Do This First

A few notes about the CoachVille Gamecard System

A **POWER UP** is something that prepares you to do something in the game better. (with more power)

A **GAME ACTION** is when you do something in the world and share about what happened.

A **BIG WIN** is when you get a desired result in the world by taking action and share about what happened.

{Keep Reading}

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Power Up for this Play book

	<p>Step 1: Click through to your game card. Look for the Power Up section (Find the Red Button with the Rocket!)</p> <p>Find the Game Changer badge. You will see the game card description...</p> <div data-bbox="438 472 633 661">  </div> <p>GAME CHANGER: START HERE. <i>This is why I am excited to play life as a game and coach the people around me (my team) using my new Coaching Super Powers...</i></p> <div data-bbox="1209 577 1266 640">  </div> <p>Click on the SHARE button in the right column. A text entry window will appear.</p> <p>Finish this statement on your game card by sharing a few thoughts.</p>
	<p>Get your FB friends cheering you on! (optional)</p> <div data-bbox="438 756 763 829">  </div> <p>Under the share box you will see the Facebook login button and “Share On Facebook” button.</p> <p>If you share on Facebook you earn +1 Bonus point in your total score.</p>

Game Action for this Play Book

Playing your life as a game and coaching your team are a major part of every CV program. The Game Changer element is where you share life experiences of playing and coaching that have nothing specifically to do with what you are learning in class. The key is to create the pattern of sharing about your game every day with your colleagues in the program.

	<p>Step 1: Click through to your game card. Look for the Game Action section (Find the Blue Button with the Star Reacher!)</p> <p>Find the Game Changer badge. You will see the game card description...</p> <div data-bbox="438 1480 633 1669">  </div> <p>GAME CHANGER: <i>This is what I learned today from playing and coaching...</i></p> <div data-bbox="1209 1554 1266 1617">  </div> <p>Click on the SHARE button in the right column. A text entry window will appear.</p> <p>Finish this statement on your game card by sharing a few thoughts.</p>
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Game Badge Overview

Game Badge	 Power Up	 Game Action	 Big Win
	Read this “Start Here” playbook to get an overview of the game.	Share about your experiences of playing your life as a game and being a coach for your team.	* None *
	Read the Playbook, Listen to coaching demonstration audios and then share what you learned.	* None *	* None *
	Coach Mission’s #1: Prepare to recruit 5 players; Coach Mission #2: Prepare to conduct one coaching sessions with each of your players during the program	Coach Mission #1: Conduct Coach Approach recruiting conversations and share what you learn. Coach Mission #2: Conduct coaching sessions and share what you learn.	Coach Mission #1: Receive a “Yes” from a potential player for coaching. Coach Mission #2: Receive a “Thanks, Coach” note from one of your players..
	Play Mission #1 Choose your “Game Move” Actions in pursuit of results. Play Mission #2 Prepare to make your “Game Move” with the Spirit of Play every day.	Play Mission #1 Share your “Game Move” with members of your support team; Play Mission #2 Make your “Game Move” and share what you learn from the experience	Play Mission #1 Receive a verbal support from a member of your support team; Play Mission #2 Create the desired result of your game move; share what happened.
	Contribution Attend class and share your highlights and insights; Note: in the self-paced program listen to the class recording.	* None *	* None *
	Coaching Mastery Answer questions and complete exercises about coaching	* None *	* None *

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	<p>Partner Make a plan to connect with your class partner on a weekly basis.</p>	<p>Connect with your coaching partner outside of class to complete the coaching conversations that you started in class and discuss life-changing ideas.</p>	<p>When your partner creates a big win in their game, share what it means to you.</p>
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How to ROCK the REAL Game Card Lifestyle: for first time players

The Game Card is what makes participating in programs at CV unique from any other learning place in the world!!! It is what makes our environment a “Community of Mastery”. YES!

Playing the game card will accelerate your path to mastery by 100 Times!

This is what you must do:

1) At the start of the game

Go to the Power Up section of the game card to find the play book for each element of the game – Like the one you are reading right now. This will tell you what you need to do to earn points in the game. It will also focus your real life actions in a really powerful way.

2) Go out in the world and play!

Play your game; do awesome things, take actions and create results; or NOT.

3) At some point every day, visit your game card:

A) Go to the Game Action and Big Win Sections of your game card

B) Scroll through the game elements until you find one that you can share something about.

The elements are in strategic order of importance on the game card.

C) Share something that you did. What was the result? What did you learn?

Always share with the intention to inspire others; even when you feel like you failed or had a crappy day. (Failure can be just as inspiring as success)

D) Participate: Visit the game cards of your team mates and read a few shares and make a comment.

Important: It may seem like it takes time, but in reality the Game Card GIVES you loads of time

The game card clears your mind and expands your awareness and your connectedness.

Caring for the games of others and knowing that they care about yours accelerates progress.

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10 Big Reasons to Rock The REAL Game Card Lifestyle

- 1) You are insanely busy. When you give of your time – time that you don't even have - to contribute to your community, you are a hero. Your community needs heroes. It is as simple and powerful as that.
- 2) Sharing consistently activates a part of your brain that accelerates learning from successes so you get better results much faster. You also avoid repeating mistakes; which is a good thing.
- 3) Sharing about your experiences in writing reveals powerful insights that would otherwise remain hidden. In other words, **you CREATE and LEARN while you are writing**. For example if you are facing a challenge and you type into your game card: “The perfection of this situation is...” FLASH! Insight.
- 4) Learning from others – by reading their game cards - accelerates your path to mastery because you amplify your own learning experiences.
- 5) Sharing your insights in a way that contributes value to others in the community boosts your experience of your own value; receiving external feedback from others creates a MEGA boost of self-worth.
- 6) KNOWING that you are part of a learning community – rather than operating in isolation- boosts your overall feeling of goodwill. Feeling goodwill keeps you operating in the BIG part of your brain where you are creative, while feeling alone keeps you in the smaller/ animal part of your brain where you are reactive. “Isolation is the dream killer” – Barbara Sher
- 7) Having a place to go – your game card - to remember what you have accomplished in the recent past is a significant self-worth boost; When your self-worth is high you take more positive risks which leads to faster learning and better results.
- 8) Having a place to go to be reminded of your own objectives and see a written recap of what you have learned and accomplished recently helps you bounce back from disappointment and course correct very quickly. This minimizes or eliminates time lost due to feeling lost or down about what you are doing; which over time greatly accelerates your path to success.
- 9) Sharing in writing about your game activities at some point every day has the tremendous effect of clearing your mind. This then releases bandwidth being used to “remember” to be used for creativity. AWESOME! It frees up your mind to start the new day with a new game.
- 10) Long term awesomeness! You can come back and review these game cards at any time in the future when you need a boost and to see how far you have traveled on the path to mastery.

BONUS Reason: Get REAL! Results Energize Authentic Living

Playing the game card gets you focused on Playing for Results every day. When you play for results, your life is better.