

# Coach Mission 2c: Life Changing Coaching Conversations

## Play 2 Win Coaching Playbook



**“Your Game As A Coach:  
A Life-changing conversation every time.”  
- Coach Dave**

### Quick Summary:

**BIG Idea:** In Mission 2 you step up and Coach! Using the Play 2 Win Method and 3 Coaching Proficiencies you aim to co-create life changing conversations every time you coach. Yes, this is a high bar of excellence. It is worth playing for.

### Your mission goes deep!

Your mission concludes as you coach your 5 players using the Play 2 Win Method and 3 Coaching Proficiencies once per week for 4 more sessions each.

Now that you have gained momentum and a deep connection with your player, it is time to go deep.

In the final four sessions you will explore Inner Freedom, Winning Environments, the Pursuit of Mastery and Game Over.

Each of these conversations has a great potential to be life changing.

Remember the core concept...

To become a great coach, you must embark on a mission to transform the way you approach human achievement:

**From:** control workers to complete tasks correctly and on time.  
(you were taught to do this)

**To:** influence players to play better with a team to create winning results on their own terms.  
(you were BORN to do this)

Now you will really focus in on how to play better and create sustainable winning results.

Play Two Win Method of Coaching	What the Player Does
<b>Step #8) Expand Inner Freedom</b> Teach awareness of fear	<b>8) Step out of your comfort zone</b> Learn how to play with fear
<b>Step #9) World Power (Design a winning environment)</b> The environment always wins; Help your player	<b>9) Compete AND Collaborate</b> Seek the best in yourself in the company of others likewise engaged; Surround yourself with other

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create the conditions for sustainable success	players who pull you toward greatness
<b>Pursuit of Mastery</b> Go deep into the vision of excellence.	<b>*) See the next level</b> Great players are always looking for the next level of the game. They want to get better and better.
<b>Game Over</b> Create a personalized learning plan for your player	<b>*) Assess and Rest</b> To become truly a great player it is important to assess your progress over a period of time and refresh the game. It is also essential to step away from the game for a little while to rekindle the desire to play.

Now you can go deep with your player to explore their Inner Game and the Environment around them which is a reflection of who they are.

These will be some really juicy conversations and set the stage for a lifelong connection if you choose it.

You will also see what is next for your player in the “Game Over” conversation and challenge your player to take stock of what the accomplished and what is next.

Here you need to be on the lookout because many people do not know how to handle completion so they tend to “disappear” rather than acknowledge that the game is over.