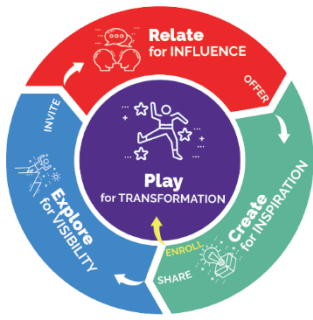


Embody Your Dream Technique - Prep Sheet



Dream:

Explore for **VISIBILITY** > Invite > **YES!**
 Relate for **INFLUENCE** > Offer > **YES!**
 Create for **INSPIRATION** > Share > **YES!** **Enroll > YES!**
 Play for **TRANSFORMATION**

Explore - Relate - Create - Play  for **VISIBILITY - INFLUENCE - INSPIRATION - TRANSFORMATION**

Action 1 for **RESULT 1**

SCENE ONE	Do:	Feel:	Feel:	Do:

Action 2 for **RESULT 2**

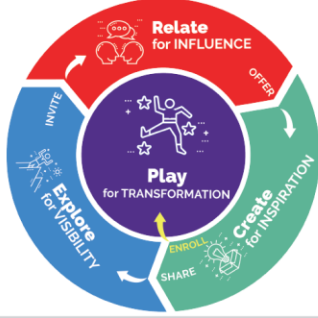
SCENE TWO	Do:	Feel:	Feel:	Do:

Action 3 for **RESULT 3**

SCENE THREE	Do:	Feel:	Feel:	Do:

Action 4 for **RESULT 4**

SCENE FOUR	Do:	Feel:	Feel:	Do:



Dream:

Explore for **VISIBILITY** > Invite > **YES!**
 Relate for **INFLUENCE** > Offer > **YES!**
 Create for **INSPIRATION** > Share > **YES!** **Enroll > YES!**
 Play for **TRANSFORMATION**

▲ *Speak the vision* ● *Embody the vision*

Explore - Relate - Create - Play

for **VISIBILITY - INFLUENCE - INSPIRATION - TRANSFORMATION**

Action 1

for **RESULT 1**

SCENE ONE

▲ Do: _____ Feel: _____

 ● Thoughts: _____ Body: _____

Feel: _____ Do: _____

 Thoughts: _____ Body: _____

Action 2

for **RESULT 2**

SCENE TWO

▲ Do: _____ Feel: _____

 ● Thoughts: _____ Body: _____

Feel: _____ Do: _____

 Thoughts: _____ Body: _____

Action 3

for **RESULT 3**

SCENE THREE

▲ Do: _____ Feel: _____

 ● Thoughts: _____ Body: _____

Feel: _____ Do: _____

 Thoughts: _____ Body: _____

Action 4

for **RESULT 4**

SCENE FOUR

▲ Do: _____ Feel: _____

 ● Thoughts: _____ Body: _____

Feel: _____ Do: _____

 Thoughts: _____ Body: _____

