



Game Number 1

Quick Summary:

BIG Idea: You create your life as you tell your story! To thrive in the world as a coach you **MUST** have a compelling life story that draws people to you. Your story must include **BIG** challenges, devastating failures, inspiring comebacks and heartwarming relationships. You know... a **STORY!** The main storyline is how you stepped out of your comfort zone and learned to play with fear in all areas of your life. Another storyline is how you embarked on a quest to play **BIG** in the world and discovered the survival patterns that were keeping you small.

Capture STORY Power: Plan your game objectives with an emphasis on stepping out of your comfort zone into the “uncontrollable”; the unknown. Including the name of your game, 3 tangible objectives, 3 skills you plan to develop, 3 “Becomings” you plan to develop and the fears you will face. It won’t be a good story unless you face some **BIG** challenges.

Game Action

Share about what happens every day for 21 days during the one-month game. Again, focus on sharing where and when you experienced fear and if you were able to “PLAY WITH IT” ... what happened? Share photos!
Remember to share with the intention to inspire!!

Big Win

The **BIG** win is when your authentic story inspires another person. If any of your story power shares earn a **YOU INPIRE ME** point from another player, you earn the **BIG WIN** points. So check your game card every day to see if your shares have inspired any of your team mates.

Quick Game Plan to Capture STORY POWER

- 1) Find the Fun!
- 2) Plan your game “Out of Your Comfort Zone” objectives and “story lines” for the month
- 3) Your game action for **STORY POWER**
- 4) The **BIG WIN** for Story Power



5) Share on your game card AND Collect 5 Point!!! YES!

1) Find the Fun!

Sharing a story is fun- people LOVE to hear a good story of how an individual rises up to a challenge with the support of a team. **Make your story an adventure!**

The Pursuit of Greatness is fun – as you share your story of stepping into your vision for your life on a daily basis, you contribute to the life energy moving toward human greatness. This is serious fun!

Fear is fun – It is exhilarating when you step out of your comfort zone and embrace the experience.

Transformations from worker to player

| Industrial Work Mindset (the old way)... | Spirit of Play Mindset (the new way)... |
|--|---|
| Simplify everything so that it becomes routine (so you can get it right every time and never make mistakes). | ROUTINE IS THE ENEMY OF YOUR BRAIN! Go for new things so that every day is a unique challenge; mistakes are part of the learning process. Embrace them. |
| Boring is good. No surprises. Everything under control. Then after work you can buy stuff to feel better. | Boring is unimaginable! Every day is full of mystery and wonder. |
| Keep your life to yourself. It's personal. | You are the YOUUnique and quirky hero of the story that is unfolding every day. |

2) Plan your game objectives and “story lines” for the month

Remember to focus your game on objectives that you can't control and actions that are currently outside of your comfort zone!

| Item | Example |
|---|--|
| Name your game (Your Adventure) | Thrive as a Social Entrepreneur Create Financial Freedom as a Business Coach Lead my Church Community as a Deacon on the Reconstruct the Rectory committee |
| Describe 3 Tangible Objectives (BIG WIN) | Experience Financial Freedom by adding 3K to my monthly income Live in Creative Expression of my Talents by writing 3 chapters of my book Create a Community Impact by leading a major initiative at my church 5 Strategic Partners Say "YES" 5 Customers Say "YES" 5 Donors say: "YES" 100 comments on all blog posts 100 Retweets 10 People thank me for something I did |



| | |
|---|---|
| | An article about me appears on a blog or newspaper 3 People join me for a morning run |
| Describe the fears you will face | Fear of asking people to hire me. Fear of getting overwhelmed Fear of scarcity Fear of rejection Fear of visibility |
| Describe 3 skills you will use and develop | My writing being critiqued Asking people to refer clients to me Asking potential customers to say “YES” Going to networking events. Meeting with business people who are “more successful” than I am |
| Describe 3 “Becomings” you will develop | I will BECOME a creative writer I will become a better enroller I will become more secure in my financial situation I will become a community leader I will become financially free I will become a legacy creator I will become Toleration-Free Zone I will become A Perfect Life I will become a PLAYER in XXX part of my life! I will become a Coach Approach xxx (entrepreneur, manager, doctor, etc.) |

Write in a few ideas here. Or skip the paper and go straight to the Objectives area on your Game Card.



Click on the Orange My Game tab. Enter your thoughts in the right column.

MORE FUN... upload a photo or image for each area to create a vision board for your story.

| Item | Example |
|---|---------|
| Name your game (Your Adventure) | |
| Describe 3 Tangible Objectives (BIG WIN) | |
| Describe the fears you will face | |
| Describe 3 skills you will use and develop | |
| Describe 3 “Becomings” | |



| | |
|------------------|--|
| you will develop | |
|------------------|--|

DONE!! You have now transformed your month into a big adventure and a winnable game worth playing!

3) Your Game Action for STORY Power

This part of the game is simple but it isn't easy!

All you have to do is share your story every day. But that is harder than it sounds. You may notice that when you face a fear and things don't go so well that you don't want to share. It is important to remember that a great story has ups and downs. AND that authentic sharing is the way to build true relationships with your teammates.

The main storyline is how you stepped out of your comfort zone and learned to play with fear in all areas of your life.

Another storyline is how you embarked on a quest to play BIG in the world and discovered the survival patterns that were keeping you small.



POSSIBILITY!! Whenever possible, take a photo of YOU in action while you play your game and share it with the team on your game card!

4) The BIG WIN for Story Power

The BIG win is when your authentic story inspires another person. If any of your story power shares earn a YOU INPIRE ME point from another player, you earn the BIG WIN points. So check your game card every day to see if your shares have inspired any of your team mates.

5) Share on your game card and collect 8 points. YES!



Step 1: Click through to your game card.

Look for the Power Booster section –
(Find the Red Button with the Rocket!)

Find the **STORY POWER** badge.



You will see the game card description...

*I just captured **STORY POWER** by transforming my month into a BIG Adventure that is out of my comfort zone and sharing my Game Objectives. Whoa! Here is what I am most excited about...*

Click on the SHARE button in the right column.



A text entry window will appear.

Complete this statement on your game card by sharing your game activity, intended results and a few creative experiment ideas. and (optional) Your Medal Achievement levels.

Get your FB friends cheering you on! (optional)



Under the share box you will see the Facebook login button and "Share On Facebook" button.

If you share on Facebook you earn +1 Bonus point in your total score.



Step 2: Scroll down the game card to find the Game Action section
(The Blue Button with the player reaching for the star)

Look for the **STORY POWER** Badge.

At some point during each day share your story for the day. It could be a highlight, a challenge, an experience. Whatever you feel will best move your story forward.

STORY POWER : *This is what happened in my game today...*



Click the SHARE button



| | |
|--|---|
| | <p>Remember to share with the intention to inspire. Share about how you did your creative experiment. Share what you learned – even if you think it was not successful!</p> <p>Each time you share about your game activity you earn points. And another SHARE button pops up for you to use the next time you complete this activity.</p> <div data-bbox="609 556 738 682" data-label="Image"></div> <p>POSSIBILITY!! Whenever possible, take a photo when you are doing your Vitality Challenge activity and share it with the team by clicking the upload photo link.</p> |
| <div data-bbox="186 714 381 903" data-label="Image"></div> | <p>Step 3: Scroll down the Game Card to the BIG WINS section (The Green Button with the hand holding the trophy)</p> <p>Look for the STORY POWER Badge. After you receive a You Inspire Me point from one of your Story Power Shares you can claim these BIG WIN points.</p> <p><i>I just achieved the BIG WIN for my STORY CHALLENGE .by inspiring one of my colleagues. Here is what happened..</i></p> |