

Coach Mission 2b: Life Changing Coaching Conversations

Play 2 Win Coaching Playbook



**“Your Game As A Coach:
A Life-changing conversation every time.”
- Coach Dave**

Quick Summary:

BIG Idea: In Mission 2 you step up and Coach! Using the Play 2 Win Method and 3 Coaching Proficiencies you aim to co-create life changing conversations every time you coach. Yes, this is a high bar of excellence. It is worth playing for.

Your mission continues!

Your mission continues as you coach your 5 players using the Play 2 Win Method and 3 Coaching Proficiencies once per week for 12 sessions each.

Remember the core concept...

To become a great coach, you must embark on a mission to transform the way you approach human achievement:

From: control workers to complete tasks correctly and on time.
(you were taught to do this)

To: influence players to play better with a team to create winning results on their own terms.
(you were BORN to do this)

Another way to describe this is teaching your player how to play again. While EVERY human was born with the spirit of play inside of them, many have been fully indoctrinated into Industrial Mindset and they will cling to it at first. For many, work feels safe while play will feel risky... because it is!

In the next four steps you will move from designing the game with your player into playing the game better and getting them tuned into creating results as they play.

Play Two Win Method of Coaching	What the Player Does
Step #4) Embrace challenges Teach Resourcefulness with support and challenge	4) Respond to challenges Get the best result possible from the situation; Embrace what IS; Know that every challenge makes you a better player
Step #5) Evaluate what matters Evaluate results and feedback with judgment-free	5) Devour Feedback Look at everything and learn from results, messes,

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awareness; Learn and make a plan for growth.	mistakes, failure and winning.
Step #6) Game Plan Teach the strategies of the game to leverage strengths	6) Think about your approach to the game Make the most of your abilities; Be smart about how you go for the results you want.
Step #7) Practice Skills Create a personalized learning plan for your player	7) Pursue Mastery Learn every skill of the game; Have a vision of excellence. Practice. Practice. Practice. Enjoy the process even when you are not good at something yet.

Here you have to really stay connected to your player and notice how they react to feedback, failure and disappointment. It is important for you to make sure that they don't feel judged no matter how the game is going. Help them develop the resilience needed to be a great player in life.

You may also notice that resist success. Many people have learned that it is not OK to stand out from the crowd. So keep supporting them to recognize when they play well and make a difference in the world with their results.

This is where the game will start to get really juicy if your player gets into "play mode". Have fun with it.