

# Coach Mission 2: Life Changing Coaching Conversations

## Play 2 Win Coaching Playbook



**“Your Game As A Coach:  
A Life-changing conversation every time.”  
- Coach Dave**

### Quick Summary:

**BIG Idea:** In Mission 1 you recruited 5 people who are ready to play. Now it’s time to step up and Coach! Using the Play 2 Win Method and 3 Coaching Proficiencies you aim to co-create life changing conversations every time you coach. Yes, this is a high bar of excellence. It is worth playing for.

### You are on a mission!

Your mission is simple: Coach your 5 players using the Play 2 Win Method and 3 Coaching Proficiencies once per week for 12 sessions each.

After the Start Up game there are 3 game cards in the Play 2 Win Coaching Program. Each game card is typically done in 4 weeks so that is 4 sessions with each of your 5 players. Your mission is to complete 20 Coaching Sessions for each game card.

If you do not yet have 5 players recruited, keep recruiting! But in the meantime, you can conduct Session 1 “What is your big game” coaching sessions with as many people as you need to reach your goal of 20 sessions.

Remember the core concept...

To become a great coach, you must embark on a mission to transform the way you approach human achievement:

**From:** control workers to complete tasks correctly and on time.  
(you were taught to do this)

**To:** influence players to play better with a team to create winning results on their own terms.  
(you were BORN to do this)

Another way to describe this is teaching your player how to play again. While EVERY human was born with the spirit of play inside of them, many have been fully indoctrinated into Industrial Mindset and they will cling to it at first. For many, work feels safe while play will feel risky... because it is!

The first for sessions of the Play Two Win Method are all about finding the game in any endeavor.

This may be a challenge! It may take them a few sessions to pick up on the language and the joyful possibilities that come with playing life rather than working.

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You need to tap into your players' strong desire to grow and make a difference for others. You recruited 5 players who you know are ready to step up their game and take the creative risks necessary to play for results and to make good things happen in the world.

**NOW IT IS... GAME ON!**

**Every time you practice a step of the Play 2 Win Method, you become a more capable coach!**

### Quick Game Plan for Coach Mission #2

#### 1) Power Up: Game plan your coaching mission.

Make sure your 5 players are scheduled for their coaching sessions with you.

If you don't have 5 players yet, KEEP RECRUITING!

Also, make a backup plan with as many people as you need to do one Coaching Session with so that you can reach your goal of 20 sessions.

Share about your approach on the game card.

#### 2) Game action: Life Changing Coaching sessions with your players.

During the 12 Sessions with your player you will be using Play 2 Win Method to create focus and use 3 Coaching Proficiencies to co-create life changing conversations. The game plan is that in each class session you will learn one step of the method, then you will practice that step with each of your 5 players.

Share about each coaching experience on the game card.

#### 3) BIG WIN: "Thanks Coach!"

When you get a "Thanks, Coach", note from one of your players,

share on the game card about what happened with your player.

#### 4) Find the fun!

Now you are in the game of life!

### 1) Power Up: Game plan your Coaching Mission.

**Coach Power:** The Mission is to conduct 20 Coaching Conversations.

#### 1) Strategy 1: Coach Your 5 Players

Coach your 5 players for 4 weekly sessions each. Done.



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### 2) Strategy 2: Add in extra sessions to reach 20

If you don't have 5 players lined up for 12 Sessions each. Then you need to find a creative way to reach your 20 Sessions for each game card.

We recommend asking people you know to do just one session with you. Use the outline for Play 2 Win Step #1 that you learned in Session 1. This will create a powerful coaching experience that will deepen your relationship with this person. At the same time you will learn more about the games of life that people play (we mean that in a good way!)

### 3) Update your game card.

Once you have your initial plan for conducting 20 Coaching Sessions, update your game card!

	<p><b>Click through to your game card.</b> Look for the Power Up section – (Find the Red Button with the Rocket!) Find the <i>Coaching Super Powers</i> badge.</p>  <p><b>You will see the game card description...</b></p> <p><i>Coach Mission 2: I just confirmed my plan to conduct 20 Coaching Sessions. Here is my plan...</i></p>  <p>Click on the SHARE button in the right column. <small>Share</small> A text entry window will appear.</p> <p>Complete this statement on your game card by sharing how you will approach this mission.</p>
	<p><b>Our game system connects to FaceBook. Get your FB friends cheering you on! (optional)</b></p>  <p>Under the share box you will see the “Share On Facebook” button. If you share on Facebook you earn +1 Bonus point in your total score.</p>

## 2) Game Action: Life changing Coaching Sessions

In the Play 2 Win class you will learn a step of the Play 2 Win method. After each class, have a coaching session with each of your players using the step that you just learned.

Another key part of coaching this way is teaching your player how to play real life as a game.

In the first game card you will do 4 sessions with each of your players.

Here is a brief outline of the first 4 session:

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Play Two Win Method	9 Core Skills of Players
<p><b>Step #1) Define the game</b> Clarify the purpose of the game; Explore values.</p>	<p><b>1) Creative self-expression</b> This is WHY you play. Make sure the game has real purpose for you and expresses your values.</p>
<p><b>Step #2) Design the object of the game (Part 1)</b> Identify the Objectives: Outcomes and Mastery; Identify the RACE: Results and Actions</p>	<p><b>2) Find your game and Plan for results</b> You know what you want to accomplish. Next you can create your approach to creating it. Make it a game of results NOT a job of tasks.</p>
<p><b>Step #2) Design the object of the game (Part 2)</b> Identify the Objectives: Becomings and Upgrades; Identify the RACE: Challenges and Evaluation</p>	
<p><b>Step #3) Play for Results (and observe your player)</b> Discover how your player responds to the “challenge” of creating results vs. just getting it done. Discover what your player needs from you</p>	<p><b>3) Play for results and engage fully</b> Find the fun in everything that wants to be done Be aware of your desired results while focusing on playing the game (NOT looking at the score board)</p>

### After the conversation

No matter how it turns out, share about your experience on your game card.

IMPORTANT: Even if you feel like it was not a great session, share something.

**ALSO IMPORTANT:** Give each of your players a “Number”.

At the top of each share write: **Player #3 - Session #1:**

This way that your class instructor and classmates can track your progress with each player.

	<p><b>Click through to your game card.</b> Look for Game Action section – (Find the Blue Button with the Star Reacher!) Find the <i>Coaching Super Powers</i> badge.</p> <div style="text-align: center;">  </div> <p><b>You will see the game card description...</b></p> <p><i>Coach Mission 2: I just conducted a Coaching Session with one of my players. Here is what happened and what I learned...</i></p> <p style="text-align: right;">  Share         </p> <p>A text entry window will appear: <b>Player #3 - Session #4:</b> share what you learned from the session.</p>
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### 3) The BIG WIN: A player says: “Thanks, Coach!”




This is one of the best feelings in the world! When your player says “thanks” or sends a note of thanks this is something to celebrate.

If you get a verbal “thanks”, ask your player to send you a written note. It will mean more to both of you this way!

Go to the Big Win section of the Game Card and share a few highlights from the note.

IMPORTANT: Be sure not to share anything confidential with the players’ name.

**ALSO IMPORTANT:** Share the Player # - Session # at the start of the share.

	<p><b>Click through to your game card.</b> Look for Big Win section – (Find the Green Button with the Trophy Holder!) Find the <i>Coaching Super Powers</i> badge.</p>  <p><b>You will see the game card description...</b></p> <p><i>Coach Mission 2: I just got a “Thanks, Coach” note from one of my players! Here are the highlights of what they said...</i></p>  <p>Click on the SHARE button in the right column.</p> <p>A text entry window will appear.</p> <p><b>Player #3:</b> Complete this statement on your game card by sharing some or all of what your player said.</p>
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### 4) Find the Fun!

**Puzzles and Painting combined!**- Solving puzzles is fun. Figuring things out is something our brains are uniquely designed to do. Painting is fun too. Starting with a blank canvas and then expressing something in a creative way is another of our unique brain abilities.

Finding “The Game” in your players’ life is a combination of both of these abilities. In some ways it is like solving an intriguing puzzle. There is something happening and we are going to transform it into a game. At the same time, creating the game of someone’s life is a lot like a blank canvas and a new opportunity to express something. Approach it with curiosity and determination. SUPER FUN!

**Practice is fun** – every time you coach using the Play Two Win Method and Proficiencies you are in a place of practice and pursuit of mastery. Enjoy learning and getting better and embrace not knowing and screwing it all up sometimes. Anything worth doing is worth doing poorly... at least for a little while.

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**Transformation Is Fun!** – This is a repeat from Coach Mission #1. It is important to keep this close to your heart. **People love to be seen and known for who they really are – a BIG Player in Life.** This is what happens when you reveal their BIG GAME in life and the big purpose they can pursue by playing rather than working. Play is transformational. And people LOVE transformation.

### Transformations from worker to player

<b>Industrial Work Mindset (the old way)...</b>	<b>Spirit of Play Mindset (the new way)...</b>
<p>Get it right the first time, or don't do it at all.  <i>A classic line with good intentions and horrendously bad unintended consequences.</i></p>	<p>Avoid the perfection trap! Learning something new demands that you be willing to make messes and mistakes while you are learning. AND that will continue as you keep growing in your pursuit of mastery. Mistakes are part of every worthwhile game. At the same time getting better and better and making fewer mistakes is part of the joy of the pursuit. Embrace this paradox and you will find the fun.</p>
<p>There is a correct answer to every problem. This mantra would be good if life was a school or a test. But it is not a test, it is a game!</p>	<p>The game of Life is not a problem with one correct answer! While there are elements of life that are like puzzles there are always many possible "solutions".            At the same time the game life is often more like a painting than a puzzle. Your game is a canvas or a platform or a stage to create your life upon.</p>