

Coach Mission 2: Coach Your Players

Basic Coaching Playbook



**“Coaching Axiom #1:
To be a great coach, you need great players.”
- Coach Dave**

Quick Summary:

BIG Idea: In Mission 1 you recruited 3 people who are ready to play. Now it’s time to step up and Coach! Using the RACE Model for coaching conversations and the Coaching Super Powers you will guide your players to play for results and win on their own terms. In 6 Sessions they will be playing with a new outlook on life.

You are on a mission!

Your mission is simple: Coach your 3 players using the RACE Model and Coaching Super Powers once per week for 6 sessions each.

After the Start Up game there are 2 game cards in the Basic Coaching Program. Each game card is typically done in 3 weeks so that is 3 sessions with each of your 3 players. Your mission is to complete 9 Coaching Sessions for each game card.

If you do not yet have 3 players recruited, keep recruiting! But in the meantime, you can conduct Session 1 “What is your big game” coaching sessions with as many people as you need to reach your 9 sessions.

Remember the core concept...

To become a great coach, you must embark on a mission to transform the way you approach human achievement:

From: Managing workers and situations through command, control and compliance.
(you were taught to do this)

To: Coaching players and opportunities through belonging, awareness and results.
(you were BORN to do this)

This may be a challenge! While EVERY human was born with the spirit of play inside of them, many have been fully indoctrinated into Industrial Mindset and they will cling to it at first. For many, work feels safe while play will feel risky... because it is! It may take them a few sessions to pick up on the language and the joyful possibilities that come with playing life rather than working.

They need a great coach with a reliable method to walk with them into the play framework for life!

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Coaching using the RACE Model requires a combination of curiosity and creativity by the player AND the coach.

Thriving in the Connected Age of Purpose requires deep connections, self-expression and the vulnerability to contribute to others in a unique way.

You need to tap into your players' strong desire to grow and make a difference for others. You recruited 3 players who you know are ready to step up their game and take the creative risks necessary to play for results and to make good things happen in the world.

NOW IT IS... GAME ON!

Every time you use your Coaching Super Powers, you become a more capable coach!

Quick Game Plan for Coach Mission #2

1) Power Up: Game plan your coaching mission.

Make sure your 3 players are scheduled for their coaching sessions with you.

If you don't have 3 players yet, KEEP RECRUITING!

Also, make a backup plan with as many people as you need to do one Coaching Session with so that you can reach your goal of 9 sessions.

Share about your approach on the game card.

2) Game action: RACE Coaching sessions with your players.

During the 6 Sessions with your player you will be learning and using the RACE Model for coaching conversations and focusing on different Super Powers each time.

Share about each coaching experience on the game card.

3) BIG WIN: "Thanks Coach!"

When you get a "Thanks, Coach", note from one of your players,

share on the game card about what happened with your player.

4) Find the fun!

Now you are in the game of life!

1) Power Up: Game plan your Coaching Mission.

Coach Power: The Mission is to conduct 15 Coaching Conversations.

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1) Strategy 1: Coach Your 3 Players

Coach your 3 players for 3 weekly sessions each. Done.

2) Strategy 2: Add in extra sessions to reach 9

If you don't have 3 players lined up for 6 Sessions each. Then you need to find a creative way to reach your 9 Sessions for each game card.

We recommend asking people you know to do just one session with you.

Use the steps of the RACE Model learned in Session 1. This will create a powerful coaching experience that will deepen your relationship with this person. At the same time you will learn more about the games of life that people play (we mean that in a good way!)

3) Update your game card.

Once you have your initial plan for conducting 15 Coaching Sessions, update your game card!



	<p>Click through to your game card. Look for the Power Up section – (Find the Red Button with the Rocket!) Find the <i>Coaching Super Powers</i> badge.</p>  <p>You will see the game card description...</p> <p><i>Coach Mission 2: I just confirmed my plan to conduct 9 Coaching Sessions. Here is my plan...</i></p>  <p>Click on the SHARE button in the right column. A text entry window will appear.</p> <p>Complete this statement on your game card by sharing how you will approach this mission.</p>
	<p>Our game system connects to FaceBook. Get your FB friends cheering you on! (optional)</p>  <p>Under the share box you will see the “Share On Facebook” button. If you share on Facebook you earn +1 Bonus point in your total score.</p>

2) Game Action: RACE Coaching Sessions

In the Basic Coaching class you will learn the RACE model for coaching conversations and learn few Coaching Super Powers each week. After each class, have a coaching session with each of your players using the RACE Model and the Super Powers you just learned.

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After the conversation

No matter how it turns out, share about your experience on your game card.

IMPORTANT: Even if you feel like it was not a great session, share something.

ALSO IMPORTANT: Give each of your players a “Number”.

At the top of each share write: **Player #3 - Session #1:**

This way that your class instructor and classmates can track your progress with each player.

	<p>Click through to your game card. Look for Game Action section – (Find the Blue Button with the Star Reacher!) Find the <i>Coaching Super Powers</i> badge.</p> <p></p> <p>You will see the game card description...</p> <p><i>Coach Mission 2: I just conducted a Coaching Session with one of my players. Here is what happened and what I learned...</i></p> <p>Click on the SHARE button in the right column. </p> <p>A text entry window will appear: Player #3 - Session #4: share what you learned from the session.</p>
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3) The BIG WIN: A player says: “Thanks, Coach!”

This is one of the best feelings in the world! When your player says “thanks” or sends a note of thanks this is something to celebrate.

If you get a verbal “thanks”, ask your player to send you a written note. It will mean more to both of you this way!

Go to the Big Win section of the Game Card and share a few highlights from the note.

IMPORTANT: Be sure not to share anything confidential with the players’ name.

ALSO IMPORTANT: Share the Player # - Session # at the start of the share.

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Click through to your game card.

Look for Big Win section – (Find the Green Button with the Trophy Holder!)

Find the *Coaching Super Powers* badge.



You will see the game card description...

Coach Mission 2: I just got a “Thanks, Coach” note from one of my players! Here are the highlights of what they said...

Click on the SHARE button in the right column.



A text entry window will appear.

Player #3: Complete this statement on your game card by sharing some or all of what your player said.

4) Find the Fun!

Being in BIG game with real purpose is super fun! This is what it is all about. Now you are really in the game with your players. Embrace the experience of being IN a big game with great people that really means something.