

# Proficiency Coaching Playbook

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## **Coaching Practice : The Purpose of the Game**

Your instructor will conduct a debrief of the recorded coaching session during class.

### **Use this guide!**

Remember, the key is to use this basic outline as a guide while maintaining focus on the Coaching Proficiencies:

- Respects the Players Humanity
- Engaging in Provocative Conversations
- Enjoys the Player Immensely

### **The First Session {Bigger Why + Basic Game Design}...**

Remember to encourage (but not insist) your player to play a "Game of Ask".

1) What is the **BIG GAME** you want to play better?

What does winning look like to you?

What would it mean to your life if you won this game?

Clarify The **RACE** and **OBJECTIVES** for the next 5 weeks

2) **RESULT!** What is the recurring result that you want to create each time you play the game?

What is the **TANGIBLE OUTCOME** you want to reach by creating these results?

3) **ACTIONS!** What are the recurring actions that you will take to create this result?

What does **MASTERY** look like in these actions?

4) **CHALLENGE!** What are the challenges in the game that will come from playing for these results?; How can you bring the Spirit of Play into these challenges? What support do you need?

Who will you **BECOME** by facing these challenges?

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5) **EVALUATION!** – How will we evaluate your progress in the game each week?

What **UPGRADES** do you want to make to your environment as a reward for winning?