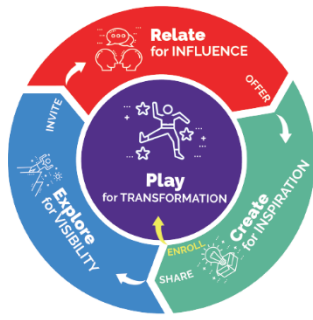


Embody Your Dream Technique - Prep Sheet



Dream:

Explore for **VISIBILITY** > Invite > **YES!**
 Relate for **INFLUENCE** > Offer > **YES!**
 Create for **INSPIRATION** > Share > **YES!**
Enroll > YES!

Explore - Relate - Create 

for **VISIBILITY - INFLUENCE - INSPIRATION**

Action 1

for **RESULT 1**

Do:

Feel:

Feel:

Do:

SCENE ONE

Action 2

for **RESULT 2**

Do:

Feel:

Feel:

Do:

SCENE TWO

Action 3

for **RESULT 3**

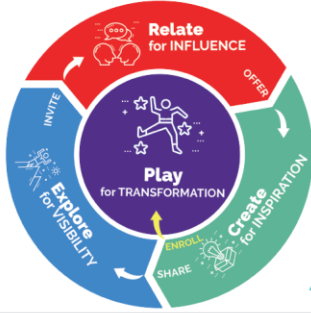
Do:

Feel:

Feel:

Do:

SCENE THREE



Dream:

Explore for **VISIBILITY** > Invite > **YES!**
 Relate for **INFLUENCE** > Offer > **YES!**
 Create for **INSPIRATION** > Share > **YES!**
Enroll > YES!

▲ *Speak the vision* ● *Embody the vision*

Explore - Relate - Create

for **VISIBILITY - INFLUENCE - INSPIRATION**

Action 1

for **RESULT 1**

▲ Do:

Feel:

Feel:

Do:

SCENE ONE

● Thoughts:

Body:

Thoughts:

Body:

Action 2

for **RESULT 2**

▲ Do:

Feel:

Feel:

Do:

SCENE TWO

● Thoughts:

Body:

Thoughts:

Body:

Action 3

for **RESULT 3**

▲ Do:

Feel:

Feel:

Do:

SCENE THREE

● Thoughts:

Body:

Thoughts:

Body:

