

Proficiency Coach Mission: Game Action

Coach Consciously



Quick Summary:

BIG Idea: Coaching is the art of guiding another person or team in pursuit playing better and winning on ones' own terms.

The way to pursue mastery in any craft is to study and “do it” consciously until it becomes non-conscious.

Then on a periodic basis, go back to “doing it” consciously to refresh and upgrade your skills. Every time you come back to these Power Patterns you will see them in a new light.

Quick Game Plan for the Coach Mission

- 1) **Game Action for your Coach Mission**
- 2) **Find the Fun!**
- 3) **Share on your game card AND Collect Point!!! YES!**

1) Game Action to Coach Consciously:

The game action is to have 21 coaching conversations (approximately 7 / week) where you then share about the Coaching Power Patterns that you used and what you learned.

The top priority is to coach! Have as many coaching conversations as you can: with established “players” and then in Coach Approach Leadership situations.

The way to do well in this challenge is to review the Power Patterns on a daily basis so that they are fresh in your mind.

The KEY to this game is to get into “reflection mode” as soon as possible after each session and make notes about which Power Patterns you feel that you used. Then share this experience on the game card!

As mentioned in the Power Up Playbook, a quirky and fun idea that you can use if you want to is to tell your player that you are going to practice a particular Power Pattern at some point during the coaching session. And then find a moment to “do it”. This is particularly fun for Power Patterns like “Champions the Player” and “Reveals the Player to themselves”.

2) Find the Fun!

With every game action, it is up to you to find a way to make it play or as we like to say, Find the Fun.

Here are a few ideas.

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Doing something with intent is fun! – You are engaging in your coaching conversations WHILE also having intent to use one or more Power Patterns. This requires concentration but also spontaneity... to seize the moment.

Life changing conversations are fun! – Yes, they can also be intense. Of course we are always playing for a life changing conversation, BUT, when you are super focused on this intent you be on extra alert for moments to go deep using a Power Pattern.

Helping others create success is FUN!- When you can share what you know and/or ask just the right questions to spark a discovery experience for another person, it is SUPER FUN!




The Pursuit of Greatness is fun – at its core, coaching is about the Pursuit of Human Greatness. When you guide another person to FIND the game in their life and pursue winning on their own terms you are providing REAL coaching. REAL Coaching is fun.

Transformation Is Fun! – People love to be seen and known for who they really are – a BIG Player in Life. This is what happens when you reveal their BIG GAME in life and the big purpose they can pursue by playing rather than working. Play is transformational. And people LOVE transformation.

3) Share on your game card and collect points.

After you engage in a coaching conversation...

Click on Game Action button on the game card

	<p>Click through to your game card. Look for the Game Action section – (Find the Blue Button with the Star Reacher!) Find the <i>Coaching Super Powers</i> badge.</p>  <p>You will see the game card description...</p> <p><i>I just made progress in my COACH Mission by engaging in a Life Changing Coaching Conversation. Here are the Power Patterns that I used and what happened...</i></p> <p>Click the SHARE button in the right column. </p> <p>A text entry window will appear.</p>
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