

TEAM CoachVille

Play life bigger! Coach life better!

STUDENT SHARES

PLAY LIFE!

When I had my first class with CoachVille, I was so nervous! Coming from a military background, I was used to everything being so correct, in order and by the book. When I did speak, it was, Yes Sir or No Sir! Listening to Coach Dave speak with his free flow and easy-going ways made my day!

The Play Life Method is teaching me the techniques to have a meaningful and flowing conversation with my players in this game of life. That's something I would have never been able to do on my own. Just being apart of this program is affecting my life for the better every day!

I started my first session with a player today. My player is starting a small business of her own. Even though she knows the whole concept of her business, she has had a few bumps in the road learning the business side of it. After the session, she called me back to thank me for coaching her and said how much just talking with her has made and going to make a difference in her life.

Brandi Miles – Former Military Logistic Sergeant

OPPORTUNITIES!

When I came to CoachVille, I was dealing with some challenges in my life: My second baby was 10 months old, I was going through a painful divorce and I didn't know my superpowers or if this journey was the right one for me. My coach said this is one of the best schools of coaching and I trusted her. After I finished the Play Life Class I was a different person: more confident, more aware of what coaching really means and how I can help change other people's lives. I loved the method and Coach Dave's excitement and energy.

What I love most in classes are the insights that Deanna and Dave are sharing, their confidence and their unique way of teaching. The "problems" in my life were my biggest opportunities. I love the open coaching sessions, after I participated in one as a player, Coach Dave delivered amazing insights and tools, I felt really confident and excited about my journey as a coach.

I have only practice players. One of them, AH, started a new journey as an interior designer. She had an "aha" moment when I've told her she is in the gap between who she is and whom she needs to become. And that she is not equipped yet to fulfill her dream, she has to take it step by step with joy and patience.

Andreea Hanesu, Life Coach – former finance consultant and the last five years just a mom.



TEAM COACHVILLE STUDENT SHARES

WORLD POWER!

When I opened the virtual gates of CoachVille my role was to mold my team into business casual-clad worker bees. If you had a goal, I had a four-quadrant model to help you achieve it. In CoachVille I found not only the concept of the Connect Age of Play, but also fellow students who were similarly searching for a better way to help others to grow. The sense of camaraderie developed over a virtual campus is amazing.

By deconstructing the activities a Coach goes through in the proper act of coaching, CoachVille has enhanced my ability to serve my players in a very rapid manner. Play Life showed me a better way to support my coaching clients as they pursue their goals. World Power presented me with an actionable practice to help my players move beyond exhausting their supply of willpower by designing supportive environments around them that actually propel them forward. Ultimately, the Curiosity modeled by CoachVille teachers and mentor coaches gives me a more fulfilling pursuit for understanding my players than the assessments I had been using.

I have a player who was opening a gym and needed to locate a number of other trainers to do so. He was doing "all the right things" to get the attention of those trainers, but wasn't seeing the success he wanted. We role played the interaction he was having, and I was able to share observations with him that he couldn't see for himself. We altered the conversation he was having, and he was immediately more successful in getting trainers. He opened the gym with a full house, and even a few additional trainers waiting in the wings!

David Sherrod, MBA, PMP, Executive Coach - former SOB (Student of Business)



CURIOSITY AND PRESENCE!

When I came to CoachVille I was a big dreamer who was terrified to actually get in the game and play big. I was afraid of everything and everyone, and this fear kept me isolated, alone and closed off from the world. Through CoachVille I learned how much my environments (there are 9 of them) affected me and was able to identify my pattern of being 'stuck in the past'. I am now courageous, vulnerable Sarah, a catalyst for positive transformation; I'm engaged in the world, and playing with my fears as I pursue my big dreams.

I'm learning that my coaching presence - being curious, present, judgment-free and asking provocative questions, while being vulnerable, creates profound belonging, trust and intimacy in the coaching relationship. This space allows for reciprocity, where we both learn, grown and become.

My player felt defeated, alone and unable to achieve his true potential. With a judgment-free space and the game of zapping tolerations, he transformed his Self and Financial environments within just 6 weeks!

Sarah McErlean, former Fraidy Cat & Terrified Introvert



TEAM COACHVILLE STUDENT SHARES

DREAMS!

When I first came to Coachville, I just lacked confidence in myself. I was scared to share my voice and ideas with the world. I started in the Simply Brilliant class because I was already a coach and I wanted to build my coaching practice.

However, I quickly realized that the other coaching program that I had finished did not prepare me to be a coach. I loved the philosophy of Coachville right away. I love the community. I decided to go back and complete their whole curriculum.

At Coachville, I learned how to be a real coach and how to work with players not on their problems but on their dreams. How to work with a client and really listen, support and challenge, use judgement-free awareness and help them find the Inner Freedom to act on their dreams despite fear.

I finished working with Player PM last month after 12 weeks of coaching with me. This is what she said about her experience.

"When I started working with Michelle, I wasn't sure how to start up my new business. Not only did she help me clarify what I wanted to do, but she helped me to identify and jump over my stumbling blocks. Michelle got me in the game and showed me how to make the game in business AND life fun! Thanks Michelle- you are Awesome at what you do."

Helping players figure out their dream, feel more confident and having fun in life is what it is all about.

Michelle Mintz, Occupational Therapist



MEANINGFUL RELATIONSHIPS!

When I first came to CoachVille I was ambitious, curious, and one of the most supportive people you would ever meet. In essence, I was a cheerleader for everyone around me. That only lead to surface level relationships. Through my training in Coaching Superpowers, I learned pattern language that gave me the courage to ask provocative questions which in turn allowed me to go deeper, and making meaningful relationships.

The Play Life methodology combined with the coaching frameworks is a win-win. I'm approaching life more like performance art which is bringing me more joy, and I have a framework to practice the art of coaching which is improving my confidence and allowing me to impact more lives.

My player JF had a dream of financial freedom however lacked the confidence to take the steps needed. Through coaching, JF made the decision to start investing, and also changed his lifestyle to match his needs not what he thought others wanted to see.

Gary Ware, former Digital Marketing Strategist



TEAM COACHVILLE STUDENT SHARES

PASSION!

When I first came to CoachVille, my business was feeling a bit "flat". I felt stressed out with far too many daily "to-do's" associated with running a yoga studio. To be honest, I wasn't even sure I wanted to continue teaching yoga! CoachVille helped me to reignite my passion and re-think my business. CoachVille infused my world with a new energy. I felt invigorated as I began to craft and play a winnable game. No longer was I overwhelmed feeling like I couldn't get my head above water.

I began to integrate the CoachVille methodologies into my Yoga Teacher Training program, resulting in the largest Teacher Training program yet (a 25% increase).

The CoachVille class format fit into my busy schedule. The in-class conversations were lively and engaging... much better than a pre-recorded video. The in-class dyads allowed me to immediately practice my coaching skills. The instructors at CoachVille were dynamic and took time at the end of each class to answer questions and address challenges we encountered in our coaching sessions.

The CoachVille program gave me the confidence to begin coaching from Day 1. The tools and techniques I learned allowed me to go deep with clients and generate real results in a short period of time.

One of my coaching success stories was with my player NI. She was struggling to find her artistic expression rebuild her life after a traumatic divorce. She began to share her art with local groups and was able to get a deal illustrating a book. She is also working on a book of her own, chronicling her divorce and providing strength and inspiration for those in a similar situation. However I think the biggest win was for her to let go of the anger she had towards her ex-husband. With newfound freedom and joy, she was confidently able to step into the next chapter of her life.

The CoachVille program, allowed me to re-think my yoga business. No longer "going it alone" I began to partner with others and co-create programs and events. I felt excited about the new opportunities and offerings and began to see increased revenue. But more importantly, I began to enjoy my business again, and that's priceless

Leanne Woehlke, Yoga Studio Owner

