



TEAM 01 – Belonging Conversation

THRIVE! As a Professional Coach Playbook

Instructions: With a partner. Take turns asking each other each question. Take about a minute to answer each question for your partner. You can dialogue about each question for a few moments if you have a curious follow up question.

It is important that you read the question to your partner; DO NOT read the question to yourself and then answer.

1. Given the choice of anyone alive in the world today, whom would you want as a dinner guest? Why?
2. Would you like to be famous? In what way?
3. Before making a telephone call, do you ever rehearse what you are going to say? Why?
4. What would constitute a "perfect" day for you?
5. When did you last sing to yourself? To someone else?
6. If you were able to live to the age of 90 and retain either the mind or body of a 30-year-old for the last 60 years of your life, which would you want?
7. Do you have a secret hunch about how you will die?
8. For what in your life do you feel most grateful?
9. Name three things we appear to have in common based on this conversation.