

Game Changer Mission 1: See the Game (Power Up)

THRIVE! As a Professional Coach Playbook



**"Any outcome that you cannot control
but you can influence is an opportunity to play."
- Coach Dave**

Quick Summary:

Be A Game Changer!

There are 2 BIG ideas for this Game Changer Playbook:

1) To learn how to play your CoachVille game card. Get a quick experience of **POWER UP**, **GAME ACTION**, and **BIG WIN**

This is essential for first time players!

2) To start a new life practice of seeing opportunities to play in every part of your life... **This way of seeing is a Game Changer!**

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Quick Outline

1. How we play the Game Card
2. How to SEE THE GAME of your life.
3. 10 Reasons to ROCK the Game Card Lifestyle (Bonus reading)

1) How we play the Game Card

We live our Real Lives in a wild and strange world but because we get used to seeing it in a certain way, we lose our sense of wonder; we lose our spirit of play. At the same time, our CoachVille Game Card can SEEM like a strange world because you are not accustomed to how we play.

So our goal in this playbook is to help you get familiar with the CV Game and at the same time, restore your sense of wonder and spirit of play for REAL LIFE. AWESOME combination!

Most game elements have 3 stages: **POWER UP**, **GAME ACTION**, and **BIG WIN**. There are some activities that only have the **POWER UP** stage.

A **POWER UP** is something that prepares you to do something better in the game. (i.e. with more power) Typically this will be some kind of thought provoking exercise or life reflection. But it could also be reading something or listening to an audio. Some Power Ups start a specific mission or challenge while others are "one-off" activities.

A **GAME ACTION** is when you do something in the world and then share about what happened. These are recurring actions or activities that you take in pursuit of the desired results associated with the program. BIG POINT #1: SHARE about what you did if you think it went well AND share what you did even if you think it did not go well. Share with the intention to inspire your team. Another KEY element in game actions is to **find the fun** while taking action!

A **BIG WIN** is when you get a desired result in the world by taking action AND share about what happened. A BIG WIN is a celebration that you share with all of your team mates in the program. It's like sharing a high five after doing something good in an athletic game.

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2) How to “see the game” in your life!

This Game Changer challenge is included in almost every program we have at CoachVille because we believe it that SEEING the game in your everyday life is a life changing perspective; literally a game changer! This requires focused attention because in the Industrial Age and especially in Industrial Age School we were trained to see everything as WORK or as a problem to be solved.

In this playbook you will practice seeing life as a game to be played and as a possibility to be created!

The BIG distinction is this:

Work = any activity where you can control the outcome; OR where there is one right way to do it.


Play = any activity where you cannot control the outcome BUT you can influence it with your energy, skill, creativity, resourcefulness and even luck; OR where there are many possible ways to do something and the fun is in finding YOUR unique way to do it.

Consider this question:

What do you imagine will be possible when you play your Coaching Business as a game?

The POWER UP for this Playbook

Right after to complete the share activity below by clicking the **SAVE** button, you will see one or more pop up messages on the right hand side of your screen and a few other surprises. Look for them!

	<p>Click through to your game card. Look for the Power Up section (Find the Red Button with the Rocket!)</p> <p>Find the Game Changer badge. You will see the game card description...</p> <div data-bbox="440 1276 634 1472"></div> <p>GAME CHANGER: START HERE. <i>This is why I am excited to play my coaching business AND my life as a game...</i></p> <div data-bbox="1214 1356 1263 1413"> Share</div> <p>Click on the SHARE button in the right column. A text entry window called “Enter Details” will appear. Finish this statement on your game card by sharing a few thoughts; then click the SAVE button.</p>
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IMPORTANT 1: Every time you share on your game card there is a chance of acquiring a fun bonus activity or even a bonus prize!!! (Like pulling the handle on a slot machine; You might get lucky: FUN.)

IMPORTANT 2: After you complete this activity, click on the Game Action button in the teal colored menu bar. You will see the next stage of this game activity there.

{Bonus Reading! Next Page}

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10 Big Reasons to Rock The Game Card Lifestyle

- 1) You are insanely busy. When you give of your time – time that you don't even have - to contribute to your community, you are a hero. Your community needs heroes. It is as simple and powerful as that.
- 2) Sharing consistently activates a part of your brain that accelerates learning from successes so you get better results much faster. You also avoid repeating mistakes; which is a good thing.
- 3) Sharing about your experiences in writing reveals powerful insights that would otherwise remain hidden. In other words, **you CREATE and LEARN while you are writing**. For example if you are facing a challenge and you type into your game card: "The perfection of this situation is..." FLASH! Insight.
- 4) Learning from others – by reading their game cards - accelerates your path to mastery because you amplify your own learning experiences.
- 5) Sharing your insights in a way that contributes value to others in the community boosts your experience of your own value; receiving external feedback from others creates a MEGA boost of self-worth.
- 6) KNOWING that you are part of a learning community – rather than operating in isolation- boosts your overall feeling of goodwill. Feeling goodwill keeps you operating in the BIG part of your brain where you are creative, while feeling alone keeps you in the smaller/ animal part of your brain where you are reactive. "Isolation is the dream killer" – Barbara Sher
- 7) Having a place to go – your game card - to remember what you have accomplished in the recent past is a significant self-worth boost; When your self-worth is high you take more positive risks which leads to faster learning and better results.
- 8) Having a place to go to be reminded of your own objectives and see a written recap of what you have learned and accomplished recently helps you bounce back from disappointment and course correct very quickly. This minimizes or eliminates time lost due to feeling lost or down about what you are doing; which over time greatly accelerates your path to success.
- 9) Sharing in writing about your game activities at some point every day has the tremendous effect of clearing your mind. This then releases bandwidth being used to "remember" to be used for creativity. AWESOME! It frees up your mind to start the new day with a new game.
- 10) Long term awesomeness! You can come back and review these game cards at any time in the future when you need a boost and to see how far you have traveled on the path to mastery.

BONUS Reason: Get REAL! Results Energize Authentic Living

Playing the game card gets you focused on Playing for Results every day. When you play for results, your life is better.