

# Game Changer Mission 1: See the Game (Game Action)

## THRIVE! As a Professional Coach Playbook



**"A game action is a recurring activity that you take in pursuit of results."**  
- Coach Dave

### Quick Summary:

#### Be A Game Changer!

There are 2 BIG ideas for this Game Changer Playbook:

1) To learn how to play your CoachVille game system supports recurring actions in the **GAME ACTION**, section of the Game Card.

This is essential for first time players!

2) Start a life practice of seeing opportunities to play in every part of your life. **This "way of seeing" is a Game Changer!**

### Quick Outline

1. How we play the Game Card
2. Start SEEING THE GAME of your life.
3. How to ROCK the Game Card Lifestyle (Bonus reading)

## 1) How we play the Game Card... Continues

A few more notes about the CoachVille Gamecard System.

So now you have made it to the **GAME ACTION** portion of the Game Card. Well done!

A Game Action is a recurring activity in pursuit of a desired result.

On big idea here is the challenge to do the activity multiple times. Why? Because that is how you play a game... you engage in the activities of the game each time you play; each time you engage in the activity you can learn something new and acquire new skill that makes it more likely that the desired result happens.

So it is NOT about finding the one right way to do it so that you can do it the same way every time; it is to expand your skill through practice and awareness of new possibilities to expand your influence a little bit each time. It is a slight but critical difference!

How it happens on the game card...

On the game card, each **GAME ACTION** has a set # of times to engage in the activity, say 5 or 10 times. Each time you engage in the activity in your real life and then share on your game card, a new item will open up on your game card for the next time (up to the maximum number for that action).

Also... after you complete a **GAME ACTION** for the first time, a **BIG WIN** item will pop up on your game card as well. If your action creates the desired result, then you will share that in the **BIG WIN** section of the game card; more about that on the **BIG WIN** playbook.

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The point here is that in CoachVille games, you are rewarded for taking action even if you don't get the desired result, as long as you share about what happened and what you learned.

Then... if you DID get the desired result, you get more by sharing about it in the **BIG WIN** section.

## 2) How to “see the game” in your life!

So in the Power Up we explored the distinction between WORK – control and PLAY = influence.

The next step is to get into your real life and notice things that you do that you cannot control, but you can influence. You can influence the result but you can't MAKE it happen. In other words, this is how you SEE opportunities to PLAY in life.

A side note: one of the BIG reasons that most people are suffering from low-grade – even extreme – frustration in life is because they are trying to work on things that cannot be controlled! This is VERY frustrating. Learn how to PLAY – use your influence – and a lot of your frustration will disappear. Yeah!

### A few ways to PLAY:

#### Play often starts with curiosity

I wonder what would happen (the result) if I did this?

I wonder if I could get a better result if I did it a different way?

I wonder if I can get more proficient at this activity (and thus increase my influence on results)

**Failure is an option, victory is a thrill:** When you engage in activity that you cannot control the result, sometimes you will get the result you want and many times you will not. When you embrace that you may fail when you do something, it is an AWESOME opportunity to celebrate when you DO get the result you want! BIG POINT: if you go through life with the delusion of control when you do things, then when you get what you expect it is no big deal because it was supposed to happen = NO JOY! And if it doesn't happen then there must be something WRONG; with you or with something; there is frustration rather than a simple failure in a game that you can learn from with curiosity and play better next time.

**Experiment:** try doing the activity in a new way, you probably won't get the result you want the first few times, but you might discover something amazing. Risk... Practice... Reward!

**Explore:** try doing an activity that you have not done before it could be a total mess the first few times, but it could lead to something wonderful! Risk... Practice... Reward!

**Create:** bring some self-expression into what you are doing. Be vulnerable. You might discover an awesome part of yourself that you have left behind. Risk... Practice... Reward.

**FUN:** Ask yourself: how can I do this activity with the “spirit of play” even if I don't know what the outcome will be? What would make this more fun? Fun leads to coming alive = winning!

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**Absence of Perfection:** Let go of trying to do it perfectly and do it in a new way instead.

#### The GAME ACTION

The opportunity here is to NOTICE opportunities to shift out of work mode into PLAY MODE in your REAL LIFE! And then share about what you did or what you noticed on the game card.

If you just notice an opportunity to play something – even if you don’t do it – this is an opportunity to share. If you actually step into PLAY... even better!

When you do step into PLAY Mode with an action, take a moment to be aware... “I am going to take this action in the spirit of play and this is the result I am playing for” **{This could be your new mantra!}**

#### Choose something EASY to get your first points on the board!

We want you do get your first game points on the board so that you can experience the game card fully.




Think of something that you can do RIGHT NOW to play for a result.

Example:

Call a friend and ask them to do something with you. Their answer is the “result”.

Go for something that you think has a high probability of getting a “YES” answer.

It could be to have lunch tomorrow or something like: “Can I share with you about this new program I am doing at CoachVille?” If they say: “Sure, what is it?”; you just got a winning result!

	<p><b>Click through to your game card.</b> Look for the <b>GAME ACTION</b> section (Find the Blue Button with the Star Reacher!)</p> <p>Find the <b>Game Changer</b> badge. <b>You will see the game card description...</b></p> <div data-bbox="438 1354 633 1554"></div> <p><b>GAME CHANGER:</b> <i>This is what I learned today from SEEING an opportunity to play in my REAL LIFE. This is what happened...</i></p> <p>Click on the SHARE button in the right column.  Share</p> <p>A text entry window called “Enter Details” will appear. Finish this statement on your game card by sharing a few thoughts; then click the <b>SAVE</b> button.</p>
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**Reminder:** Every time you share something on the game card you have a chance to win bonus game activities and awesome prizes! Look at your game board after you share for messages.

**{Bonus Reading! Next Page}**

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### How to ROCK the REAL Game Card Lifestyle: for first time players

The Game Card is what makes participating in programs at CV unique from any other learning place in the world!!! It is what makes our environment a “Community of Mastery”. YES!

**Playing the game card will accelerate your path to mastery by 100 Times!**

This is what you must do:

#### 1) At the start of the game

Go to the Power Up section of the game card to find the play book for each element of the game – Like the one you are reading right now. This will tell you what you need to do to earn points in the game. It will also focus your real life actions in a really powerful way.

#### 2) Go out in the world and play!

Play your game; do awesome things, take actions and create results; or NOT.

#### 3) At some point every day, visit your game card:

**A) Go to the Game Action and Big Win Sections of your game card**

**B) Scroll through** the game elements until you find one that you can share something about.

The elements are in strategic order of importance on the game card.

**C) Share something** that you did. What was the result? What did you learn?

Always share with the intention to inspire others; even when you feel like you failed or had a crappy day. (Failure can be just as inspiring as success)

**D) Participate:** Visit the game cards of your team mates and read a few shares and make a comment.

**Important:** It may seem like it takes time, but in reality the Game Card GIVES you loads of time

The game card clears your mind and expands your awareness and your connectedness.

Caring for the games of others and knowing that they care about yours accelerates progress.

**Important: It may seem like it takes time, but in reality the Game Card GIVES you LOADS of time.**